

Snoezelen – The training programs in different countries – an overview (to be extended)

I.	Holland	2
	Contents of the course : Holland	4
	a) Program of 1 day at Centre De Hartenberg:	4
	b) THEMES FOR A 2 /3 DAYS-PROGRAM SNOEZELEN	7
II.	Israel: Snoezelen training: Beit Issie Shapiro Israel	10
	Contents of the course: Israel	11
III.	Spain and Costa Rica (Santa Paula’s University)	12
	Contents of the course : Spain	13
IV.	Germany (isna-mse)	16
	Content of training: Germany, isna-mse	18
V.	Switzerland	20
	Contents of course: Switzerland (German and French)	22
VI.	Latin America (Argentine and ISNA-mse Latin-America)	27
	Contents of the course Argentine/Latin America	28
VII.	Australia	31



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September 5, 2014

Snoezelen – The training programs in different countries – an overview (to be extended)

On the Board Meeting of isna-mse in Buenos Aires (Oct 2013) we agreed that we wanted to have more information how the training of Snoezelen is organized by each country. So hopefully this gives opportunities to learn from each other and find new ways to improve our training programs.

All other countries that organize training on Snoezelen are invited to forward their program in order to complete this document.

Please help completing this list by answering the questions and send them to:
David Grupe, President ISNA Switzerland info@isna.ch

The following descriptions give information about the following questions:

- Title of training
- Length of training
- Contents of training, description of each course
- How much time on theory and how much in practice? In hours
- Do you use a Snoezelen-Room during training and if yes: how much time (p.ex. 50% of the course in theory and 50% in direct in the Snoezelen room)
- Cooperation with universities?
- Credited by universities, ECTS?
- Do you have an exam? If yes, what is there to do?
- Costs for participants?
- Who gives the courses?

I. Holland

Title of training

Special program Snoezelen

Length of training

6 hours until 3 days (18-24 hours)

Contents of training, description of each course

See next chapter

How much time on theory and how much in practice? In hours

in 1 day program: 1,5 hours practice and 3,5 hours theory . In more days programs depending of program contents but for a 3 days program 6 hours practice and 18 hours theory

Do you use a Snoezelen-Room during training and if yes: how much time (p.ex. 50% of the course in theory and 50% in direct in the Snoezelen room)

We use the Snoezelen rooms during the training, about 30% of the total trainings program

Cooperation with universities?

Sometimes

Credited by universities, ECTS?

Sometimes

Do you have an exam? If yes, what is there to do?

No only a certificate (see attached file)

Costs for participants?

for 1 day program: €30,- a participants, more day programs depending how many participants

3 day Seminar on location (max. 18 hours) per group	€ 4.250,00
2 day Seminar on location (max. 12 hours) per group	€ 2.850,00
1 day Seminar on location (max. 6 hours) per group	€ 1.500,00
1 day Seminar on the Hartenberg Centre (max 6 hours) per participant	€ 220,00
2 day Seminar on the Hartenberg Centre (max 12 hours) per	€

participant	380,00
3 day Seminar on the Hartenberg Centre (max 18 hours) per participant	€ 580,00

including DVD box and 2 books (Snoezelen materials home made, Snoezelen application fields and a complete reader)

To be clear, the prices mentioned for a 1 day/2 days/3 days program on location are the prices for a whole group, not the price a participant. When we offer a course on location the size of the group is depending of the facilities of the organisation of the institute/school or university.

Who gives the courses?

Ad Verheul

Contents of the course : Holland

a) Program of 1 day at Centre De Hartenberg:

These special programs are organised at the Centre De Hartenberg, the cradle of Snoezelen.

Since the mid seventies Snoezelen is developed at the Centre De Hartenberg and spread worldwide in more than 35 years.

Your referent is Ad Verheul, co-founder and developer of Snoezelen.

The practice time during the special program take place in the 400 m² Snoezelen Complex of the Centre De Hartenberg.



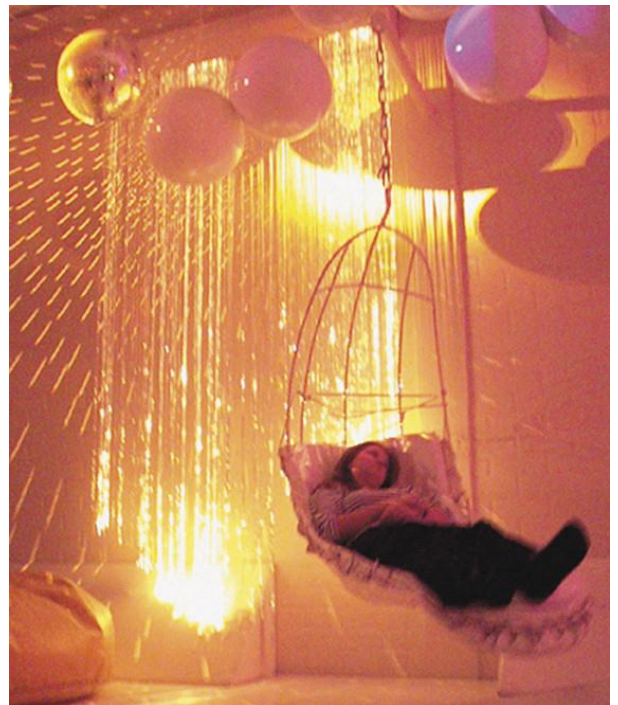
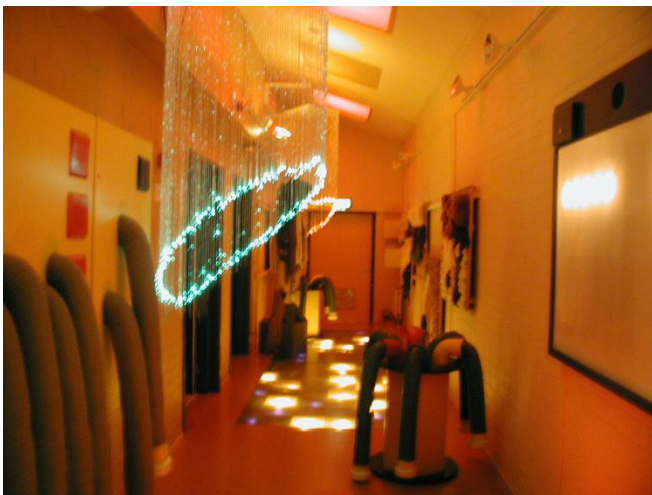
The centre De Hartenberg is part of the organisation 's Heeren Loo Zorggroep, a leading Dutch organisation for the mentally healthcare. With the help of approximately 1000 members of staff it cares at the moment for 850 mentally disabled in an area of about 50 kilometres. The centre is situated in vast pinewoods covering 85 hectare.

In a nearby village are integrated living quarters with day care centres. In other surrounding villages are more integrated living quarters, which are partially linked to day care centres.

Each of the flats is a self-sufficient unit, doing their own cooking and shopping. All flats have a certain budget available. Each residential group has a very big direct influence on the entire management.

Starting point for that philosophy is:

**“as normal as possible,
specific only if needed”**



Special program Snoezelen:

10.00: Reception and coffee / tea.

Information about the Seminar program.

Introduction: The care for mentally handicapped people in the Netherlands:

The organisation, the financing, the living-possibilities and information about activities with profoundly mental retarded people.

The origin, the philosophy and the background from Snoezelen.

Information about the different possibilities in the practice.

Support by video-information

Interim time to ask questions

11.45: Pause

12.00: Visit to the Snoezelen Centre and the possibility to experience the atmosphere in the different Snoezelen rooms.

Explanation about the different possibilities and equipment.

13.30: Lunch

14.15: General information about the practice of Snoezelen.

Support by videotapes.

Information about different equipment which is used in the Snoezelen rooms

16.00: End of the program.

The costs:

The costs of a visit to a special program (6 hours) in the Snoezelen Centre De Hartenberg are:

- 450 € for a group of maximum 15 persons
- 30 € for every next person
- 30 € for one person



b) THEMES FOR A 2 /3 DAYS-PROGRAM SNOEZELLEN

Introduction: the structure of the care for people with mental disability in the Netherlands. (2 hours)

The origin, changes in philosophy, organization, financial structure, integration and information about day activities with severe profoundly mental retarded people.

The origin, philosophy and background from Snoezelen. (3 hours)

Snoezelen referred to as MSS (Multi-Sensory Stimulation) or to MSE (Multi-Sensory Environment)

A survey of 35 years history of Snoezelen in the Netherlands and all over the world.

Information about the Centre De Hartenberg.

Information about the different possibilities of Snoezelen in the practice.

Video- Powerpoint presentations/information (4 hours mixed in the total program)

Visit to the Snoezelen complex at the Centre De Hartenberg and other different Snoezelen rooms.

The first approach in different institutes

Video impressions of different goal groups and Snoezelen.

Video practice of Snoezelen

General information about the practice of Snoezelen. (3 hours)

Support by videos.

Different possibilities of Snoezelen in connection to different goal groups: people with dementia, mentally handicapped, hyperactive, learning-disabled,

hearing impaired, visually impaired, blind children and children with perception disorder and disturbed social behaviour and psychiatric patients.

Snoezelen therapy or relaxation? (1 hour)

- Snoezelen as a free offer
- Snoezelen as an educational support measure
- Snoezelen as a therapeutic oriented measure
- Snoezelen as a therapy

Special theme (optional): Snoezelen with elderly people and people with dementia. (2 hours)

General information about the care for demented elderly in the Netherlands and theoretical background of Snoezelen in the care for demented elderly people.

Information about Snoezelen as an integrated activity in de daily program of nursery homes.

Benefits of added activities

Methods (1 hour)

basic elements of perception (perception and processing)
effects of materials
methods of presentation and realization
accompaniment and guidance
observation of behaviour

Information about: (1 hour)

Self experience
Illness patterns of clients
Pedagogical ways of functioning and relations
Diagnostic assessment
Creating units for support and therapy
Practical application of therapeutically units and practice units
Training and supervision
Reflection of the units

Special theme (optional): body contact in the practice of Snoezelen (2 hours)

Problems of body contact in the practice of Snoezelen.

Sexuality and people with mental disability,
Impression of the Dutch view on sexuality and people with mental disability.

Sexual guidance to people with mental disability.

Video impression of sexual guidance for people with mental disability.

Home made Snoezelen materials (2 hours)

Explanation about how to build home made Snoezelen materials and the different possibilities and equipment used in the Snoezelen rooms.

Information about fire resisting impregnating agent for tactile materials and tactile objects.

Sensory garden (1 hour)

Explanation about how to build and design a sensory / sense garden and how to make special experience stations / objects in a Sensory / sense garden.

Information about the field of experiences to develop the senses in using the natural environment concerning a Sensory / sense garden and the different possibilities and equipment that is used in the Sensory garden.

How to introduce Snoezelen and Snoezelen equipment to member of staff (1 hour)

Presentation, visual impression and presentation, reflection, training and supervision

Research in the field of Snoezelen (0,5 hour)

Research projects

Observation- and measurement procedures

Methodical procedure

Biosignal acquisition and analysis

Aims of the pilot study

II. Israel: Snoezelen training: Beit Issie Shapiro Israel

- **Title of training**
Introductory Snoezelen Course
- **Length of training**
56 hours for students that is not occupational therapist physiotherapists, or speech pathologists. 40 hours for occupational therapist physiotherapists, or speech pathologists.
- **Contents of training, description of each course**
See attached course outline (end of this chapter)
- **How much time on theory and how much in practice? In hours**
...
- **Do you use a Snoezelen-Room during training and if yes: how much time (p.ex. 50% of the course in theory and 50% in direct in the Snoezelen room)**
Yes there is one session in which the students observe a treatment and one session where the students are given a session
- **Cooperation with universities**
No
- **Credited by universities, ECTS?**
The Snoezelen course is accredited and recognized for educational hours by the board of education and Welfare ministry
- **Do you have an exam? If yes, what is there to do?**
Each student presents a case study with a description of child/ adult goals and treatment plan for the snoezeln, a grade and certificate are given upon completion of the course
- **Costs for participants?**
Approximately 400\$ for the 56 hour course
- **Who gives the courses?**
Specially trained lectures that have worked for many years in the snoezelen.(see course outline)

Contents of the course: Israel

Session	Date	Subject of Lecture	Name of Lecturer	Time of Lecture	Hours
1	Tuesday 29.11.11	Enabeling therapist	Ongi Kaplan OT MA	10:00-09:00	1
		Introduction to Snoezelen principles of therapy	Mona Julius Pt Doctoral Student	17:00-10:00	
2	Tuesday 06.12.11	Sensory processing and snoezelen	Dr. Michele Shapiro OT PHD	17:00-09:00	8
3	Thursday 15.12.11	Snoezelen in an early intervention daycare center	Leena Hajyahia OT	11:00-09:00	2
			Zekeea Movement therapist	15:00-11:00	4
		Massage techniques	Ayelet Ben Yedidya BEd	17:00-15:00	2
4	Tuesday 20.12.11	Snoezelen in hospitals	Maskit Shochat MEd	10:00-9:00	1
		Music and Snoezelen	Gail Suskin Doctoral student Movement therapist	13:00-10:00	3
		The emotion behind the movement	Gail Suskin Doctoral student Movement therapist	17:00-13:00	4
5	Tuesday 03.01.2012	From theory to practise	Mona Julius Pt Doctoral Student	14:00-9:00)	5
		Self advicacy	Sola Shelly PHD	16:00-14:00	2
		Ethics feedback and summery	Mona Julius Pt Doctoral Student	17:00-16:00	1

III. Spain and Costa Rica (Santa Paula's University)



In Spain we are legally ISNA-Spain. M^a José Cid Rodriguez is the President. 15 people form the Board, professionals with more than 10 year's working in Snoezelen.

"The professional group we were taught in Denmark by Krista Mertens, and besides, we all have training and experience in the subject.

Following on my part, especially the indications regarding education and training that I have understood from ISNA, although for me so far have been very claires, actually in Spain we offer the following training. We offer 3 modules (the first module is all the members of Board Spain who teach it, but the second and the third, is only **M^a José Cid Rodriguez** who teaches it (with one physiotherapist who does the practice part).

Title of training

INTERNATIONAL SNOEZELLEN CAPACITATIO (in Module I, in Module II and in Module III). The people can chose if only one or more modules)

Length of training

Every modules has 20 or 25 hours duration

How much time on theory and how much in practice? In hours

Every module (25 hours: approx. 60% theory, 40% practice)

Do you use a Snoezelen-Room during training and if yes: how much time (p.ex. 50% of the course in theory and 50% in direct in the Snoezelen room)

Yes, if the institution has Snoezelen Room, we use it.

Cooperation with universities?

IN SPAIN, NOW WE DON'T HAVE University collaboration. In Costa Rica We teach with Santa Paula's University)

Credited by universities, ECTS? NO

Do you have an exam? If yes, what is there to do?

We don't have an exam. We have a practical case.

Costs for participants?

Normally we teach for one institution (about 25 participants). The cost for all is about 2.000 €.

Who gives the courses?

M^a José Cid Rodríguez teaches the three modules (with one physiotherapist), and also the first module teach all the member dos ISNA Spain Board. Also in Spain there are other professionals who teach on these subjects, but without any collaboration with us.

Contents of the course : Spain

MODULE 1

25 HOURS: 20 HOURS + PRACTICAL WORK 5 HOURS

- NEUROLOGICAL BASES OF MULTI-SENSORY STIMULATION
- MULTISENSORYESTIMULATION : THEORY AND PRACTICE
- SENSORY PROFILE: THEORY AND PRACTICE
- CONCEPT Snoezelen :
 - History and experience
 - Different application fields: scientific evidence
- INTERVENTION METHODOLOGY Snoezelen
- PRACTICE Snoezelen : VIEWING SESSION
- SESSION Snoezelen:
 - PROGRAMMING
 - EVALUATION
 - FOLLOWING
- INTERDISCIPLINARY TEAMS
- PRACTICAL EXERCISES .
 - Life experiences CORE SENSATIONS (tactile, proprioceptive awareness, Body EXPERIENCES)

Homework: CASE STUDIES

To overcome the module is required to deliver a practical work on a case in which the knowledge gained in the course applied .

MODULE 2

25 HOURS: 20 HOURS + PRACTICAL WORK 5 HOURS

Part 1 Common Module

- SENSORY SYSTEMS : Neurophysiology - Neuroplasticity
- PROGRESS IN ACTION IN A SPACE Snoezelen .
- MULTI-SENSORY STIMULATION : different sensory
- PERSON DRIVING THE SESSION
- THE ACCOMPANYING
- COMMUNICATION IN SPACE Snoezelen
- Working IN EQUIPMENT
- EVALUATION

Part 2 specifies for skill :

- GENERAL: an overview of different fields

- CHOOSE FROM:

EARLY WARNING or

INTELLECTUAL DISABILITY

DEMENTIA AND ALZHEIMER or

ACQUIRED BRAIN INJURY or

MENTAL ILLNESS

In each case the following will work :

- Overview
- Damages and sensory potentials
- Communication, behavior, and emotions
- Multisensory Intervention
- Driver Attitude session

Module contains a part of any practice exercises personally experiences in Multisensory Room. And above all, related to the experience and sensitivity that has to have a person to intervene as Snoezelen exercises.

To overcome the fan, giving a practical work is to materialize by field of specialization.

MODULE 3

20 hours

PRACTICAL AND MONITORING MODULE CASE

- Each person attending the training must submit a full case :
 - SENSORY PROFILE
 - ANAMNESIS : (Overview of the person from different levels). Full evaluation.
 - GENERAL MULTISENSORY INTERVENTION
 - GENERAL SPACE Snoezelen
 - SENSORY EVALUATION OF INTERVENTION
 - APPROACH PROBLEMS AND DIFICULDES
 - OBSERVATION AND MONITORING SITE CASE , IF NECESSARY , BY THE FORMER
 - EQUIPMENT LEVEL CHANGES FROM WORK MULTISENSORY .

STRENGTHS & WEAKNESSES

Contact: M^a José Cid mjcid@apasa.org

IV. Germany (isna-mse)

There are 2 Snoezelen training programs in Germany.

One is from Krista Mertens, all the information are here: www.isna.de

Here is the training provided by isna-mse Germany www.isna-mse.de

Welcome to ISNA-MSE Germany!

“Since September 2013, in collaboration with ISNA-MSE, we are offering the new training program for Snoezelen in Germany. As freelance lectures we have gained extensive experience in snoezelen and aim to expand the professional snoezelen in Germany through training. Participants will not only be qualified to plan and implement snoezelen units, but also to reflect onto their work.”

Title of training

„Internationale Fachkraft Snoezelen“.

Certificate of “**International Qualification of Snoezelen**”

Length of training

4 modules and will run over 4 weekends. The course content will be delivered in small groups, creating an intensive learning environment, also providing the opportunity to exchange experiences with others.

The course consists of 108 teaching units:

- 4 modules, each 2 days (76hrs)
- 3 practical tasks (18hrs)
- 1 home assignment (14hrs)

Do you use a Snoezelen-Room during training and if yes: how much time

YES, 50% of the course in theory and 50% in direct in the Snoezelen room)

Cooperation with universities?

Not yet

Credited by universities, ECTS?

Not yet

Do you have an exam? If yes, what is there to do?

Assignment:

All participants are required to complete an assignment in which they draw on their professional background and snoezelen. After completing all 4 Modules, the Practical Part and the assignment, the participant will be issued the certificate of “**International Qualification of Snoezelen**” .

Information on the assignment:

Every participant completes an assignment. The subject of the assignment will be discussed with the trainer during the third module. The assignment must be handed in latest 3 months after completion of the 4th module. It can be submitted via email, pdf, doc-document or hard-copy.

The assignment should cover 10-15 pages. Photos, stories etc. may be attached as an appendix.

The assignment must cover the following areas:

- brief description of your workplace
- implementation of snoezelen in your workplace
- details about snoezelen session incl.
- target group, objective, methods, materials, stories etc.

Assignment may comprise the following key aspects:

- Implementation of snoezelen in the workplace
- target group specific room planning

Information on the written discussion of the practical examination:

The participant has to submit a written discussion of his/her practical examination in module 4. This paper can be submitted via email, pdf or doc-document at least one week before module 4 is due. The hard copy will be submitted on the day of presentation. The paper should contain 5-8 pages, photos, stories etc may be attached as an appendix.

The written discussion must contain the following topics:

- Introduction and motivation of the subject
- Introduction of the target group and their needs
- objectives of the snoezelen session
- room design and materials
- client focussed course of action

Costs for participants?

1100 Euro for all the 4 courses.

Who gives the courses?

Lecturer team for ISNA-mse Germany:

Nicole Ling
Jessica Sturm
Ramona Kurz

Content of training: Germany, isna-mse

Training Objectives:

- to discuss and acknowledge the versatility of snoezelen
- to attain professional competence in snoezelen
- to exchange experiences with colleagues
- practical experiencing various methods and approaches
- guaranteed graduation
- further training to expand skills
- international collaboration
- in-house training

Key aspects of each Module:

MODULE 1 (2 days)

- origin and philosophy of snoezelen
- facilitation, objectives and intention
- methods of snoezelen
- body experience and awareness
- self-reflection and self-awareness in the snoezelen room

MODULE 2 (2 days)

- composition of a snoezelen session

- planning of rooms
- equipment and their effectiveness
- client focused planning
- planning and implementation of a snoezelen session

MODULE 3 (2 days)

- implementation according to clients needs
- room design to suit clients
- self-awareness when using equipment effectively
- observation and documentation
- planning and implementation of a snoezelen session

MODULE 4 (2 days)

- final module
- presentation of own snoezelen session and reflection

Practical Part:

After completing each module the participants are given a practical task which they have to complete until the next module. Those tasks, as well as completed practical sessions, will be available online at "internen Bereich".

Contact:

ISNA-mse Deutschland

Nicole Ling

info@isna-mse.de

V. Switzerland



Title of training

The Internationally recognized additional qualification
Snoezelen of ISNA-mse Switzerland

Length of training

4 modules of 3 days each (2 days if group smaller than 5 persons), in total 12 days of course plus final exam.

1. Basic module Snoezelen I
 2. Basic module Snoezelen II
-
1. Practice module of choice
 2. Practice module of choice

How much time on theory and how much in practice?

Theory: 4 modules 12 days à 7,5 h (of which is 50% theory)	45 hours
Practice: 4 modules 12 days à 7,5 h (of which is 50% practice)	45 hours
Home study, including preparation of demonstration lessons	25 hours
Exam	5 hours
TOTAL	—> 120 hours

Do you use a Snoezelen-Room during training and if yes: how much time

ALWAYS! No course without Snoezelen-Room.... (only introduction day)
50% of the course in theory and 50% in direct in the Snoezelen room

Cooperation with universities?

Not yet, we are working on it...

Credited by universities, ECTS?

Not yet, we are working on it...

Do you have an exam? If yes, what is there to do?

As final exam, the participants present 2 Snoezelen sessions in the Snoezelen room with their clients (or with participants of another course as clients). The session has to be handed in 1 week before the session with the following sheet:

“Description of clients, subject of session, objectives and what is planned”

Planung einer Snoezelen-Einheit

Thema / Name der Einheit:

Zielgruppe / Klient(en) (kurze Beschreibung des/der Klienten, Diagnose, spezielle Vorlieben, Abneigungen, max 3 Zeilen):

Zielstellungen der Einheit:

- > Wohlbefinden
- > .
- > .
- > .



Phase/Zeit	Inhalt	Organisation/Medien	Ziele
I.			
II.			
III.			
IV.			

Costs for participants?

3 days course is 690 CHF or 550 € par participant.

Maximum 10 participants in each course, minimum 4 participants

Who gives the courses?

Courses held in Baar (Kati's Snoezelen room) and Grandson (David's Snoezelen room) by David Grupe and/or Katijana Harasic

Mostly courses are held together by Kati and David.

Courses in French are held by David Grupe

Contents of the course: Switzerland (German and French)

Training total is 4 modules of 3 days each:

1. Snoezelen Basic Module I
2. Snoezelen Basic Module II
3. 2 Practice Modules to choose, (3 days each)
 - a. Practice Module: Snoezelen for Senior citizens and people with dementia
 - b. Practice Module: Snoezelen for people with handicaps
 - c. Practice Module: Snoezelen in Palliative care and hospice
 - d. Practice Module: Snoezelen as health-prevention and prophylaxis against burn-out (from 2015)
4. Exam

Basic module Snoezelen I – Basics

3 days (if the group is smaller than 5 persons, 2 days)

Content:

During the first basic module participants will gain an insight into the versatile use of Snoezelen. Therefore it is important to get to know about the effects and functionality of individual items of equipment in Snoezelen-rooms and to gain personal experiences. Taking the historical development of Snoezelen in consideration, participants will devise options for addressed target groups. The companion/carer has to be able to adapt the offer to the needs of the target group.

That requires a classification into four different application fields:

- Snoezelen as free offer
- Snoezelen as pedagogical support measure
- Snoezelen as therapeutic oriented measure
- Snoezelen as therapy which will be reviewed.

Theory:

- Development of Snoezelen (national and international)
- Philosophy of Snoezelen
- Basic equipment of a Snoezelen-room
- Carer and companion behaviour

Practice:

- Outline of application fields in named practical areas
- Body awareness
- Experiencing the room
- Practical experimenting

Aims:

- To find out about the development, aims and purpose of Snoezelen
- To find out about its application based on individual needs
- To experience the basic room
- To experiment with materials
- To reflect on carer and companion behaviour
- To gain personal experiences of practical application
- To gain personal experiences about general body awareness and reflect upon
- To distinguish application fields of Snoezelen

Basic module Snoezelen II – Didactic and methodical principles

Participants must have completed Basic Module I

Content:

The basic module 2 builds on the first basic module with a continuing expansion on knowledge and experiences gained so far and added theoretical content. The focus lies on the complexity of human perception and the needs of disabled people. Participants will look at the founded application of certain materials in connection with the planning of own Snoezelen session and rooms. There will be time to experiment and gain personal experiences with the aim of encouraging imagination and promoting an understanding for individual processing of stimulation and perception and impression formation.

Theory:

- Effects of Snoezelen
- Basics of perception and perception processing
- Requirements of people with mental disabilities
- Planning of Snoezelen-rooms
- Making materials
- Specific application of materials

Practice:

- Methods of presentation and implementation
- Attendance and guidance
- Behaviour observation
- Practical application

Aims:

- To find out about the development, aims and purpose of Snoezelen
- To understand perception processes
- To reflect on the needs of people with disabilities
- To find out about its application based on individual needs
- To get to know the basic room
- To initiate building own materials
- To experiment with materials
- To reflect on carer and companion behaviour
- To observe and record behaviour
- To gain personal experiences about body awareness and reflect upon
- To develop the imagination to develop own sequences

Practical modules – 3 days each

There are 4 Practical modules of 3 days each, of which you chose 2 to complete the International Additional qualification Snoezelen certificate of ISNA-mse Switzerland

1. Practical module: Snoezelen for Senior citizens and people with dementia
2. Practical module: Snoezelen for people with handicaps
3. Practical module: Snoezelen in Palliative care and hospice

From 2015, there will be a new practical course:

4. Practical module: Snoezelen as health-prevention and prophylaxis against burn-out

Practical module

Snoezelen for people with severe and multiple disabilities and people with autism

Content:

The course focuses on adults in particular and adults with autism in day care. During this module previously gained knowledge will be expanded upon and adapted accordingly in order to develop target group specific activities. In order to grasp the basics emphasis is put on perception processing and subsequent characteristics when working with that particular target group or the pedagogical support of people affected. Snoezelen sessions will be planned and carried out in various different rooms. Under the aspect of "less is more and slow is faster" the use of materials, music, colours and scents is tested and reflected upon. Snoezelen sequences planned and carried out by the participants will be critically reflected upon by means of systematic process and behaviour observation.

Theory:

- Severe multiple disability and autism – what are the differences
- Causes of severe and multiple disabilities and autism
- Needs of adults with severe multiple disabilities
- Neurological aspects of autism
- Consequences for the pedagogical support of autistic people
- Aims of Snoezelen
- Observation of behaviour
- Use and effect of music, colours and scents
- Carer and companion behaviour
- Session planning

Practice:

- Methods of presentation and implementation
- Session planning
- Structured process control
- Use of materials
- Use of music, colours and scents
- Personal experience of practical application
- Reflection of units

Practical module

Snoezelen for people with mental and multiple disabilities

Content:

This module will provide an insight into Snoezelen with mentally or multiple disabled people. Participants will experience what Snoezelen is and be given the opportunity to create their own Snoezelen experience.

As introduction, the philosophy and basics of Snoezelen as well as causes, types and effects of "disabilities" will be discussed. Throughout the course participants will look at individual exercises and entire thematic units as support and therapeutic concepts as well as plan and present their own units. Working in groups participants will critically review their work. By means of a show-jumping course everyday situations will be played out where participants acting as companion have to recognise client's mood and take this into account when responding to clients.

Theory:

- Philosophy of Snoezelen and its neurobiological basics
- What does "disability" mean? Causes and effects in behaviour
- Life situations and needs of people with mental or multiple disabilities
- Meaning of Snoezelen as part of everyday life
- Company and guidance
- Unit planning
- Room planning
- Materials

Practice:

- Relaxation and experiencing one's own senses
- Planning and presentation of individual exercises and entire units in small groups
- Setting up of a Snoezelen room
- Reflection of units
- Reflection upon own behaviour and that of others

Aims:

- To experience Snoezelen and to learn to love it
- Overview of the philosophy Snoezelen
- Overview of the term "disability", important basics and their different types
- Awareness of clients' life situations and needs
- Critical self-perception
- Introduction to how to start a unit
- Specific use of effects and materials

Practical Module

Snoezelen in Palliative Care & in hospices

Content:

People facing pain and end of life need special care. Snoezelen can be part of Palliative care and be used in hospices. Giving back some quality of life and helping to feel less pain. This module takes you into palliative care and accepting death, trying to help the patient and his family. Snoezelen can give calmness and relaxation. It helps to live with pain, fear, exhaustion. This course shows you different types of relaxation therapies and lets you experience some of them.

Theory:

- Definitions: Palliative Care and hospices
- Implementing Snoezelen in palliative Care
- Religious, physiological and psychological needs of people in Palliative care,
- Religious, physiological and psychological needs of people in hospices.
- Pain therapy and symptoms
- Emotions like fears, mourning, helplessness or shame
- Snoezelen as intervention without medicaments
- Giving back some quality of life
- Observing mimic and gestures
- Observing mimic and gestures
- Recording wellbeing in a nonverbal communication
- Effects of music
- Recording body-schema and body-awareness

Practice:

- Practical implementation of above mentioned procedures in a Snoezelen environment with participants and clients
- Planning of practical sequences

- Application of materials
- Body awareness
- Observing mimic and gestures
- Personal experience of practical applications
- Application of observation and testing procedures
- Reflection of units

-

Aims:

- To gain knowledge about the content and aims of Snoezelen in palliative care and hospices
- To recognise and understand the needs and requirements of individuals
- To observe and record behaviour
- To personally experience wellbeing through Snoezelen
- To record and reflect on the effects of music
- To personally experience body-awareness
- To diagnose existing/remaining body-awareness

EXAM:

Dates for examination

- an examination date will be arranged with the course supervisor and the lecturer
- after completing four modules

Place for examination

- The examination can take place at workplace of a participant with his/her clients or at a ISNA-mse training centre provided by the seminar.

Organisation:

- The examination will be organized from a ISNA lecturer
- The examination is taken off by two lecturers of ISNA-Switzerland.

Contact:

ISNA Switzerland www.isna.ch

David Grupe: info@isna.ch

VI. Latin America (Argentine and ISNA-mse Latin-America)

TRAINING METHOD Snoezelen

• Methodology and Structure



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The Training Snoezelen method consists of five theoretical and practical modules. In order to obtain the certificate participants must attend all five modules, make appropriate practical work in class and home sending them via email, and make appropriate practices. At the end of the fifth module must write a final rehearsal and perform the exam.

The modules consist of a theoretical part, to analyze literature; films, shows, conferences, exhibition cases, group work and individual experiences to analyze, practice sessions Snoezelen rooms. Each module will last for 24 hours, and face the same amount of home hours

• AIMS

In this way the following objectives are covered:

- Understand the importance of creating an environment for a general relaxation through gentle stimulation.
- Acquire knowledge and skills related to addressing different methods and treatment techniques.
- Optimize the learning of subjects through proper stimulation of their senses
- Provide for access to rehabilitation treatments systematic interdisciplinary approach.
- Strengthen the capacity development of autonomy and socio-emotional development.
- To promote intellectual activity and knowledge of the surrounding environment.
- Formalize a significant learning through the implementation of a formal circuit.
- Promote the development of the capacities of children, adolescents and adults holistically.
- Provide for access to rehabilitation treatments systematic interdisciplinary approaches

- To encourage the internalization of the different stimuli.
- Encourage through the different stimuli and speech recognition of the surrounding sounds.
- Implement different strategies to promote adequate somatic stimulation; vibration; vestibular; oral; touch-haptic; taste; smell; acoustics; visual; communication according to the needs of the subject.
- Provide a space that meets the comprehensive needs of young people with multiple residues, rehabilitation, education, socialization and recreation.

Contents of the course Argentine/Latin America

FIRST MODULE

Conceptual pedagogy: Re conceptualization of learning

Concept Snoezelen

History, experiences

Various fields of application: scientific evidence

Methodology Snoezelen intervention .

PRACTICE Snoezelen:

Viewing sessions

Multisensory Stimulation

Multisensory Rooms

EVALUATION:

- Concepts to Consider: feeling; perception; emotion.
- Benefits and objectives of the sensory stimulation
- Neurological Bases of Multisensory Stimulation.

SECOND MODULE

- Psychological Foundations of multisensory stimulation

- Philosophical Foundations of multisensory stimulation.
- Multisensory Stimulation: Theory and Practice.
- Sensory Profile: theory and practice
- Schedule meetings
- Rating sessions
- Multidisciplinary teams.
- Experiences Team.
- Experience of multisensory exercises
- Case Studies
- Features and commitments of different pathologies / syndromes to work in the halls of sensory stimulation. These modules general information that will be deepened in the fourth and fifth module according to the profile of the population with which attendees will work
- Benefits offered by this resource subjects:
- Pervasive developmental disorders. PDD. Develop mental disorder .Anxiety, phobias. LearningDisorders. Hyperactivity . Down Syndrome

THIRD MODULE

- Features and commitments of different pathologies / syndromes to work in the halls of sensory stimulation
- Prader Willis. Chad Cridu. Panic attacks. Stress.

Basis for application in subjects: Multiple disabilities. Hard of hearing. With slurred speech. Blind. . With motor impairment. DementiA . Alzheimer

FOURTH MODULE

- Motivation . Stimulating the senses
- Relief from stress. Production of pleasurable sensations

- Communication. Concentration
- Coordination. Linking with other
- Developing creativity. Language
- Reminiscence. Intellectual Activity
- Recreational Situations. Organization of thoughts
- Targeting the visual stimulus. Stimulation speech and sound recognition.

MODULE FIVE

- Calming room.
- Snoezelen as a pedagogical strategy for learning.
- Snoezelen for implementing effective therapies in various fields and disciplines tool.
- Snoezelen facilitator of creativity.
- Conceptualization, integration and coordination of the dictates modules.

WORKING METHODS

Expository Technique: foundation content

Technical Workshop: Working in small groups to obtain productions and their subsequent evaluation

Theoretical and practical work in the room

Presentation of cases and their application to the characteristics of the various centers

House Labor

Final plenary.

Concluding

Contact: Ana Maria González Galli <instelgalileo@yahoo.com.ar>

VII. Australia

No specific training course is being run in Australia. Guest lectures on this subject

Contact: Paul Pagliano

Pagliano, Paul <paul.pagliano@jcu.edu.au>