

# Thursday, September 28, 2023

## What in the World is "MSE"?

### Valparaiso University Center for the Arts, University Theater

#### 9 am - 4:45pm /central time

Hi!



**Robin Krassow, PTA**

## MSE BASIC TRAINING

## multi-sensory environments

HELLO!



**Chris Kiser, COTA**



**Karen Pool**

Director, TFH USA Ltd.



**Anthony M. McCrovitz, Ph.D.**

Director, Quality of Life Institute



**Ad Verheul**

Co founder Snoezelen-MSE Senior consultant; Global Leader in MSE Development



**Kaela Millar**

MSE Lab Tech, Mohawk College



**Maurits Eijgendaal**

President, ISNA-MSE

✦ **New to MSE or need a review? This workshop day is for YOU!** ✦

### MSE BASIC TRAINING WORKSHOP: Foundational Concepts & Applications

#### Schedule:

**8:30 am - Registration Check-in**

**(9:00 - 9:45) 1 The Snoezelen-MSE Story (Ad Verheul)**

The Origin, Philosophy and Background of Snoezelen-MSE, and how therapists and other professionals integrate state-of-the-art Snoezelen™ applications into their practice; quality-of-life outcomes and developmental benefits (social-emotional) result from Snoezelen-MSE practices.

*[5-minute break]*

**(9:50 - 10:35) 2 The Senses (Robin Krassow & Christine Kiser)**

Everything we experience, around us and within us, is going through our senses and being processed by our brain. We talk about the different senses and the impact these senses have on our growth, well-being and development.

*[5-minute break]*

**(10:40 - 11:20) 3 Using Color and Sound (Maurits Eijgendaal)**

The use of colors in learning or multi-sensory environments can evoke emotions and influence one's perception and/or experience. Discovering your child's "rainbow" and learning how to apply thoughtful uses of these colors, enriches their space beyond mere functionality. Colors create an invitation for the (social) engaging-emotional self. Sound is around us all the time. Mostly we are not even realizing what we are hearing and how our body, senses and brain react.

# DAY 1 continued: MSE BASIC TRAINING WORKSHOP: Foundational Concepts & Applications

## **(11:25 - 12:10) 4 8 Favorable Factors for Sensory Room MSE Application (Kaela Millar & Anthony McCrovitz)**

A checklist of foundational factors that influence the sensory room atmosphere and approaches for supporting how one is able to experience the environment most beneficially.

*[LUNCH until 1:00 ]*

## **(1:00 - 1:45 ) 5 Framework of Gentle Teaching (Anthony McCrovitz)**

Learn about navigating the sensory system with a framework of Gentle Teaching, and how to teach one to name, tame, and befriend their emotions (regulate their sensory connections) to self-regulate. A Snoezelen™-MSE room can teach about self-regulation and benefit others by improving focus, attention, and memory, expanding one's awareness and understanding about their own feelings and about the feelings of others, and by developing a positive mindset. As an individual learns new ways to cultivate a positive mindset, they prime their brain and body's capacity for learning and for building healthy relationships.

## **(1:45 - 2:30) 6 Creating Meaningful Moments (Anthony McCrovitz)**

An unconditional invitation within this space supports the relationship in moving toward the discovering of possibilities for one's social-emotional development. We will look at how we can facilitate one's social-emotional experience and engagement by creating meaningful moments, using our hands, eyes, words, and presence (our tools).

*[5-minute break]*

## **(2:35 - 3:20) 7 The Active Relationship (Maurits Eijgendaal)**

The theory and practice of the active relationship that guides discovery and learning within the didactic triangle, working towards quality of life outcomes. These outcomes not only provide the needed structure, level of engagement, ability to challenge, and nurturing; mentoring a spirit of gentleness creates "breathing room" or "growing room" for cultivating intrinsic curiosity and a sense of wonder through the collaboration of learning and growing together.

## **(3:20 - 4:05) 8 How to Create Meaningful Assessments (Robin Krassow & Christine Kiser)**

There are important things to understand about the sensory room that will help you in creating meaningful assessments with the individuals you serve. Incorporating a holistic approach in assessing one's quality of life to create meaning and value in and outside of the sensory room to enhance one's sense of companionship and community. An assessment provides a foundation for developing a treatment plan that can be utilized by others for building and expanding one's quality of life with treatment goals that support one's social emotional development.

*[5-minute break]*

## **\*\*\* (4:10 - 4:45) 9 Purposeful MSE Equipment and Design (Karen Pool)**

Illustrating the purpose and placement of equipment in a Multi Sensory Environment to create a meaningful environment that supports awareness and growth, both in and outside of the room.



Register online at <https://www.valpo.edu/education/isna-mse/>



For all questions about  
this conference  
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